**Perinatal Depression Application Development**

*e-Consultations’ & Guided Breathing Exercises*

To be implemented in a series of 4 phases, the Kara application aims to serve perinatal patients and doctors alike. Kara is able to collect both active and passive data and better help doctors to tackle signs of perinatal depression in patients.

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**Technologies Used**

- React Native
- FeathersJS
- Sequelize
- PostgreSQL

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Phase I of the project has a strong focus in providing patients with useful functions like a chat format for patients to easily answer questionnaires from doctors and guided breathing exercises that keep patients interested in using the application.

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